



*Virtue is the source and seed of all-encompassing peace and that is why it is placed higher than even one's life.*

*- Shri Vethathiri Maharishi*

*The World Community Service Center (WCSC) and SKYBayArea invite you to*

# **North American Simplified Kundalini Yoga (SKY) Conference 2010**

*Enrich your well-being and awareness through Yoga and Meditation*

## **HIGHLIGHTS**

*Initiation to Meditation from Sr. Professors of SKY*

*Panel discussions and Interactive Q&A on Yoga & Meditation*

*Interactions with Senior SKY Professors and Guided Meditation Sessions*

*Lectures on yoga & philosophy*

*Distinguished speakers include*

*Sr. Prof. Meena Narayanaswamy, Spiritual Advisor, SKYUSA.*

*Sr. Prof. Letchoumanane, Director - Brain Trust, WCSC, India.*

*Dr. Vijay Gupta, (CU-Boulder), President, SKYUSA.*

*Prof. Shanmugamurthy, Coordinator, SKYUSA.*

*Prof. Vetrivel, Kalpakkam SKY Trust, India.*

*Sr. Prof. G. Balachandran, Joint Director - WCSC, Northern India*

*Mrs. Margaret Levine, Asst. Regional Coordinator, Sukhyo Mahikari Health, San Francisco*

**September 18th & 19th, 2010 - 9AM to 5PM**  
**Mountain View Community Center Auditorium,**  
**201 Rengstorff Ave, Mountain View, CA 94040**

## **REGISTRATION**

Online: <http://skybayarea.org/skyconf2010.aspx>

Email: [register@skybayarea.org](mailto:register@skybayarea.org)

Inquiries: [info@skybayarea.org](mailto:info@skybayarea.org) or 510.456.8953

[www.vethathiri.org](http://www.vethathiri.org) & [www.skybayarea.org](http://www.skybayarea.org)

Suggested minimum donation of \$50

Lunch and snacks will be provided

Complimentary day care service available